



# Charity projects 2024

Once again, we offer special registrations at an increased price, the difference of which will be destined to three associations:

- the **Association of Groups of Belluno "Insieme si può"** ("Together we can") a non-profit making organization NPA/NGO ([www.365giorni.org](http://www.365giorni.org)) which supports the training of teacher for quality education in Uganda. The project is illustrated on this page.
- the **Associazione C'è Da Fare ETS Camp** ([www.cedafare.org](http://www.cedafare.org)), founded by Paolo Kesisoglu, which is actively involved in supporting projects for young adolescents in psychological and psychiatric difficulties illustrated on this page.
- **Widmanns in Malawi** (<https://widmanns-in-malawi.jimdosite.com/widmanns/>) which supports the training of African surgeons and intensive care in the Nkhoma Hospital in Malawi. The project is illustrated on this page.

## **TRAIN TO TRANSFORM**

### **Training teachers for quality education in Uganda**

#### **Project managed by the non profit making organisation NPA/NGO Association Groups "Insieme si può"**

Schooling and education are the key to a future of development. However, guaranteeing access to education is often not enough: there are more than 90 million children living in the poorest and most marginalised contexts of the Global South who receive a very poor quality education. It is common to come across pupils who reach the end of primary school unable to read or write. Although representing a fundamental first step, mere attendance at school is therefore not a sufficient condition for the most disadvantaged children to guarantee equal opportunities for growth and development. In particular, many state schools - where young pupils already suffer from resource and space constraints, crammed into overcrowded classrooms - register a very poor preparation of teachers in didactic, pedagogical and motivational terms.

This project was created to respond to this crucial educational need, bringing about a mutatio, a positive transformation of the educational-scholastic approach in which children in the most fragile areas grow up. The programme - to be developed over a two-year period - will focus on improving the capacity and effectiveness of teaching in at least five schools in Uganda, through four lines of action.

- **Training of teachers** through a specialised Higher Education Institute, to offer paths for learning effective and participative pedagogical and teaching techniques (as opposed to those commonly used, which are almost exclusively mnemonic);
- **Provision of school and teaching materials**, to support the implementation of the newly acquired teaching tools;
- **Awareness-raising and training courses**, for students and teachers, on fundamental and critical issues of daily life also outside school walls (e.g. gender discrimination and stigma, sexual education and health, respect for the environment, education for coexistence)
- **Creation of a permanent training unit** within the "Insieme si può..." team operating in Uganda, to guarantee the monitoring of the results progressively achieved with this project, replicating the intervention in the future in favour of new schools and pupils.

### **Project to support young people managed by the Associazione C'è Da Fare ETS.**

C'è Da Fare, founded by Paolo Kessisoglu, is a non-profit organisation that actively supports projects for young adolescents in psychological and psychiatric difficulties, promoting solidarity and raising awareness on important and still little-addressed issues.

Although a deterioration in the mental health conditions of adolescents was already evident before 2020, the COVID-19 pandemic has brought about a profound psychosocial change. On a national scale, the data show increased access to paediatric emergency departments for causes of mental decompensation, such as **suicidal ideation (+14.7%), depression (+11.5%), eating disorders (+78.4%) and psychosis (+17.2%), self-harm (+27%), social isolation (Hikikomori) with a consequent increase in hospitalisations for particularly serious situations (+39.5%).**

C'è Da Fare was created with the intention of supplementing national health care through psychological and neuropsychiatric support projects, raising funds through the organisation of sports, recreational and cultural events to be donated to hospital and health care facilities or third-party organisations able to provide assistance.

Two projects are currently active:

- the first in collaboration with **Gaslini Hospital and ASL3 in Genoa**, to provide home support to socially withdrawn children (Hikikomori);
- the second in collaboration with **Niguarda Hospital in Milan**, to provide high-intensity outpatient care through a multidisciplinary and integrated team.

The Association's aim is to expand nationwide support projects similar to those already launched with young people and families, which are effective and proactive.

### **Project linked to the training of African surgeons and the provision of intensive care by the Widmanns in Malawi**

Bernhard and Lydia Widmann have been living and working in Malawi since April 2022. Their focus is on the training of African surgeons and intensive care in the Nkhoma Hospital, a hospital with 250 beds, one hour away from the capital Lilongwe.

The mission hospital, which is over 100 years old, is currently being restructured to become a training hospital.

### **Training surgeons**

Malawi is considered one of the countries with the worst surgical care in the world. One third of the population lives with a surgically treatable disease and a quarter of all deaths could potentially be avoided through surgery. At Nkhoma Hospital in Malawi, two surgical residents have been trained annually since January 2022 as part of the proven PAACS programme (Pan-African Academy of Christian Surgeons). The aim of this programme is to train African surgeons for Africa. Bernhard and an international team are responsible for the surgical training of the now 6 Malawian doctors.

### **Training intensive care staff**

To ensure safe surgical care, a functioning intensive care unit is essential. In addition to technical and medical equipment, this requires above all competent specialised staff. However, there is no intensive care training throughout the country and only a few intensive care units. Lydia has led the development of the ICU at Nkhoma Hospital, which has been operational since July 2023.

Together with four Malawians who have completed intensive care training in Kenya, Lydia is training more nurses. Despite limited resources, this training can improve the quality of care for critically ill patients. The focus here is on mothers with birth complications, patients after traffic accidents and patients after major operations.

The donations are invested 1:1 in the development of the hospital and the treatment of the patients. The ActMED organisation, which will administer and mediate this donation, is significantly involved in this project.